



Frontier Lifeline Hospital EECF abstract was selected in best paper Award presentation in Cardiology summit in 18-19th April 2009, Hong Kong.

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Frontier Lifeline Hospital (Dr.K.M.Cherian Heart Foundation) a Cardiac super specialty hospital published their result on the effect of EECF in patients with Ischemic heart failure in Honk Kong. Since the study being the first to analyze the effect of EECF objectively in patient with Severe Left Ventricular dysfunction was accepted and presented in the Award session held in CUHK-Mayo Clinic-Asia Cardiovascular Summit (CMA 2009) 18-19 April 2009, Hong Kong.

Dr.C.K.Das cardiologist from K.M.Cherian Heart foundation presented the abstract titled:

“Technetium-99 Single-Photon Emission Computerized Tomography Evaluation of Ischemic Heart Failure Patients Treated with Enhanced External Counter Pulsation.”

C.K. Das, C. Arumugam, J.M. Thomas, S. Ramasamy, K.M. Cherian, India.

The patients with ischemic Cardiomyopathy with poor quality of life with maximal medical therapy were selected for this study and we documented the objective improvement by performing the pre and Post myocardial perfusion scanning. All the patients showed consistent improvement in the quality of life which is very similar to what has been documented earlier by other investigators. Here in this study we have shown clearly the improvement in quality of life is due to improvement in myocardial perfusion to ischemic segments and thereby improving the myocardial contractility stated **Dr.C.K.Das**.

This study confirm our long time observation that patient with heart failure significantly improved in quality of life after 35 sessions of EECF. We have included EECF in our Heart failure program with clear objective to improve the patient’s quality of life and reduction in future hospitalization. Our follow up study on this group of patients can throw some light on the long term benefit and reduction in hospitalization as observed by other investigators in USA and UK said **Dr.J.M.Thomas** director of Heart Failure program.



Dr.S.Ramasamy added that this study shows EECF improves myocardial blood flow not only in Anginal patients but can improve blood flow and improve the myocardial contractility in patients with Severe Left ventricular dysfunction without any complication of worsening of heart failure.

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